



BULLETIN ANNOUNCEMENTS

February 2023

Evenings with His Excellency - Bishop Wayne Lobsinger invites everyone to join him for “Evenings with His Excellency”. This is an opportunity to learn more about our Catholic Faith based on the Catechism of the Catholic Church. Class is the second Friday of each month, at 7pm - 8:30 p.m. at St. Ann Church, Ancaster. This month we will look at *Chapter 3 – The Moral Life of the Church*. It is also available by livestream on St. Ann’s YouTube channel. No cost, no homework, just an opportunity to learn about our faith, all are welcome.

Young Adults Night - March 4th – Waterloo - Fr. Mark Morley invites all young adults (ages 20s and early 30s) of our diocese to attend a night of Adoration, Fellowship and Praise Music. Arrival and Holy Hour (6:30pm-7:30 pm), Social with Food (7:30pm-8:30pm), Praise Night and Vocation Testimony (8:00pm-9:00pm), and Compline (9:00pm) on Saturday, March 4th at St. Michael’s Catholic Church (80 University Avenue West, Waterloo, ON). Sponsored by the Vocations Office of the Diocese of Hamilton. For more information, please contact: vocations@hamiltondiocese.com.

PARENTING TIP OF THE MONTH - Parenting Tip 147 - Manners matter because they promote respect between your child and every person with whom they engage. Doing so will promote higher self-esteem, making your child feel more confident in all areas of their lives. Manners are both taught and caught, so continually remind them about, as well expect them to use, manners. More importantly, model manners in all you do, including your own interactions with your children. (From: Teresa Hartnett, Family Ministry Office; 905-528-7988 ext. 2250)

MARRIAGE TIP OF THE MONTH - Marriage Tip 127 - Parents are the first and foremost teachers about relationships for their children. It is good now and then to take a quick check and ask if your marriage and the way you interact with each other is what you hope your children’s relationships will be when they grow up. If the answer is no, as a couple you deserve to find a way to create for yourselves the kind of relationship you want for your children. Seek support, read together relationship self-help books and/or consider attending a Retrouvaille weekend with the Diocese. Marriages cannot be perfect all the time, but they should be lived in a way that makes you proud to pass on to your children. (From: Teresa Hartnett, Family Ministry Office, 905-528-7988 ext. 2250)

ReSTART: Moving Forward – Join us for our new and updated program offering support to anyone seeking to heal and move forward after divorce or separation. **The program runs from Tuesday, March 21st to May 23rd.** The sessions take place from 7-9 pm at the Chancery Office at 700 King St. West in person, or you are welcome to join using our zoom classroom. Cost is \$25 for materials, but no one is turned away. Registration is required so please call Sarah at 905-528-7988 ext. 2249, e-mail familyministry@hamiltondiocese.com, or register on line at [ReSTART Program: Support for Separated and Divorced - Diocese of Hamilton \(hamiltondiocese.com\)](https://www.hamiltondiocese.com/ReSTART-Program-Support-for-Separated-and-Divorced).

RESTART: Refresh, Renew Revive –Learning, support and fun for anyone who is looking for support after a separation or divorce! These get-togethers offer continual support and insights for people as they journey through the divorce/separation process and beyond. **Held the 2nd & 3rd Fridays of each month**, you can join in-person (700 King St. West, Hamilton), or by ZOOM. No registration required, but for ZOOM link please contact Sarah at familyministry@hamiltondiocese.com, or 905-528-7988 ext. 2249. We look forward to seeing you!

Grief Relief - Has someone you cared about died? Are you grieving the loss of the person’s presence in your life? Join us on Thursdays from 7 – 8:30 p.m. from April 13th - May 18th, 2023 to learn more about what you are feeling and how to gently move forward. You are not alone! The Diocese of Hamilton program will be offered online using Zoom. To register, go to www.hamiltondiocese.com and look for April 13th under Upcoming Events. To find out more, please call Teresa at 905-528-7988 ext. 2250.

The 2023 Diocesan Wedding Anniversary - Are you celebrating your 25th, 40th, 50th, 60th, or 60+ Wedding Anniversary in the year 2023? If you are, you are cordially invited to join couples from across the Diocese of Hamilton for a Wedding Anniversary Mass on Sunday, April 16, 2023 at the Cathedral Basilica of Christ the King in Hamilton at 1:30 pm. (Space allows room for Anniversary couples only - those married 60 years or more may bring 1 guest if you require assistance). Register at www.hamiltondiocese.com, or call the Family Ministry Office at 905-528-7988 ext. 2249.

Help for Every Marriage – Are you frustrated or angry at each other, or have you just stopped talking to each other? Retrouvaille helps couples through difficult times and allows you to rediscover the relationship that drew you together. This program has helped tens of thousands of couples find a better way for their marriage. For confidential information about, or to register for the program, happening the weekend of March 10, 11, 12, 2023 please call **905-664-5212** or email: 1013@helpourmarriage.org or visit the web site at www.retrouvaille.org.